



The Caterpillar

Baton Rouge Area Al-Anon Information Service Newsletter

April 2002

THE TOPIC MUST BE SERVICE WORK

You will notice that this issue of the Caterpillar looks quite a bit different from those you have been used to reading. Robin J., who has been so expertly editing this newsletter for the past few years, lost her mother to cancer on January 19. As some of us have learned to do in this program, Robin asked for help with this issue because she has so much on her plate. I volunteered to do it and I began asking for input. I tried to come up with a topic but nothing came to me, so I asked my Higher Power to give me awareness. As you began to send me things to include, service work was what each of you was talking about. So the topic must be service work.

This is one of my favorite topics because it is what has helped to keep my program strong. My sponsor threw me head first into service work when I got here and it is one of the things I strongly suggest to those I sponsor. It can be setting up or chairing a meeting, taking the 24-hour phone for the night, attending a struggling meeting, sponsoring someone, or volunteering to be one of many who keep the business of Al-Anon going on a local, state or national level.

Any fears I had that I would not know what to do were unfounded because the Al-Anon Office has scores of literature to help do any job and there is always someone who did it before. Anything I have been involved in has benefited me in ways I never thought possible, but one of the greatest perks is that I have come to know so many more of you.

Joyce C.

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• 29th Louisiana State Al-Anon Convention •

• Friday, Saturday, & Sunday, May 31-June 2, 2002 •

• Best Western, 2714 Highway 14, New Iberia, LA •

• Phone: (337)364-3030 •

• Make reservations before May 16 for special rates. •

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