

CATERPILLAR

AIS Office... 9417 Brookline Baton Rouge, LA 70809.....225-924-0029

SPRING FORWARD INTO RECOVERY

Parker D. Media Coordinator

We are lucky to have hundreds of CD's and Tapes in our Media library located at the Baton Rouge AIS office. Recordings of speakers from State Conventions, Area Assembly and other area functions. Classic recordings of Bill W, Louis W and early Al-Anon and AA members also. It is truly like having a traveling meeting with you as you listen to someone's personal story of how they applied the steps, traditions and concepts to their daily lives.

BIG changes have been made to our media library

- Over 100 tapes dating back through 1999 have been converted to CD.
- Multiple copies of each CD are on hand for checkout.
- NEW easy checkout procedure with NO DEPOSIT required.

Now it is easier than ever to enjoy the wealth of experience, strength and hope that we have in our media library. It is all there for you. Drop by the Baton Rouge AIS office, checkout our library and enjoy listening to our many offerings.

NEW ADDITIONS

- The 12 Steps of Al-Anon by Ellen C. Addison Tex (3 cd set)
- Learning to Live with Crazy People by Father Time, Oakland, CA (5 cd set)
- Terry S. Baton Rouge Al-Anon @ Jubilee Convention Gulf Shores AL. Feb. 2009
- Jay P. Baton Rouge Al-Anon @ All Texas Al-Anon/Alateen Conv. Jan. 2009
- Dr. Paul – AA, Author the "The Story" in the Big Book of AA

Heritage Day 2009

Please join us

Saturday April 25, 2009

Oak Lodge Conference Center

2834 S. Sherwood Forest Blvd., Baton Rouge

11:00 Registration & Coffee

11:45 Delicious Luncheon

choice of entrée, salad, vegetable, bread, dessert & beverage

12:30 Guest Speaker: GRADY H.

COST \$20.00 Speaker only \$3.00

Deadline April 13, 2009

Group Contributions

Dec. 2008 & Jan., Feb. 2009

Bayou Al-Anon	0	Came to Believe	233.10
Courage to Change	175.00	Faith & Hope	27.00
Followers (Alateen)	0	Gonzales (2 groups)	323.17
Goodwood	20.00	Just for Today	660.00
Listen and Learn	0	Mollysharp Discussion	0
Monday Discussion	72.00	Morning Glory	162.00
New Roads Monday	0	Powerless Step Study	77.73
Practice These Principles	0	Recovering Parents South	270.00
River Road	0	St. Anthony	25.00
St. Francisville	0	Saturday Newcomers	26.00
Serenity Steppers	0	Small World	0
Stepping Stones	69.00	Steps to Serenity	0
Strength and Courage	0	T.G.I.F.	95.00
T.G.I.M.	45.00	Triangle	0
Wednesday Noon	107.00	Wooddale Sunday Step	0
Zachary	55.00		

Total \$ 2442.90

Tradition Seven

Every group ought to be fully self-supporting declining outside contributions

D-SAC (Deep-South Alateen Conference)

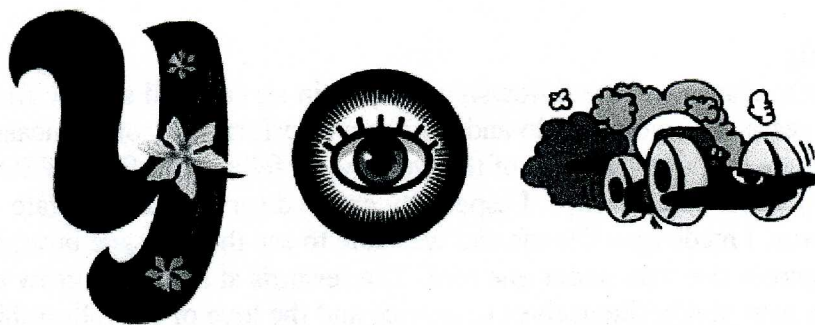
Pebble B. – Trustee of D-SAC

The LA state Alateen conference (D-SAC) was held on March 20-22 in Dry Creek, LA. The attendance grows smaller each year as do the number of Alateens attending Alateen meetings. For those of us who have been a part of this event year after year, there are still benefits to have this event each year. Alateens from all over LA and MS get to spend the weekend with each other. They don't feel they are alone coping with the effects of alcoholism. Over the years I have come to believe that if only one Alateen attending leaves with hope and serenity the conference was a success. With the attendance of members of AA and Al-Anon at the event, Alateens see the healing that the program offers to all. It gives them hope. To all who support D-SAC, I thank you. Once again this year I saw an Alateen arrive on Friday with the "dead stare" of alcoholism in their eyes but leave on Sunday with a new "spark" of hope.

"Life isn't fair, but it's still good."

"Cry with someone. It's more healing than crying alone."

Anonymous



WHY GO TO AREA ASSEMBLY

Why I go...to get a fresh breath of Al-Anon recovery from folks who are dedicated to making sure Al-Anon and Alateen thrive in our wonderful state.
Angela A. , Baton Rouge

Why I attend La. State Assembly

I attend because when I got to the program I was told, find someone who has what you want and do what they do. Well "they" attended state assembly, traveling together made for a great extended in-depth meeting, gave me the opportunity to watch recovery in action in real time, real life situations, and gave me the chance to be "loved" instead of being controlled or manipulated. I have been coming ever since, working my way up the chain of learning opportunities.

Thank you state Al-Anon members for giving me a chance to help myself and others find recovery and teaching me not to leave before the miracle happened in my world.
Mary W. Dist. 1 Area 22 , Benton

Why I Go to Area Assembly

I keep going to Area Assembly because each time I go, I learn more about Al-Anon -- its history, traditions, steps, literature, international activities and services – more about why it is so special and how it helps people in need worldwide. Each time I go to Area Assembly, I get recharged with excitement about what Al-Anon is and does, and how glad I am to be a part of it and to be of service. I also like spending time with my friends in recovery from all over the state – where else could I find them all in one place!

A friend in Shreveport

I go to Assembly because as a group representative, I get great satisfaction from giving something back to my group which has helped me so much.

I go to Assembly because I learn so much more about the program, especially the Concepts which help me in my personal growth.

I go to Assembly because it gives me the opportunity to be part of a larger community, sharing time with old friends and making new ones outside of my own area.

Lynn R., District 10, Mandeville

