

SPONSORSHOP WORKSHOP

SATURDAY JANUARY 21

9AM-2PM

**Speaker SYLVIA G.
Our Louisiana State Delegate**

FIRST UNITED METHODIST CHURCH

930 NORTH ST.

BATON ROUGE

ENTER THROUGH AMERICA ST. ENTRANCE

PREREGISTER BY 1/18 IF YOU WANT LUNCH INCLUDED

**REGISTRATION FORMS ONLINE AT
WWW.BATONROUGEALANON.ORG**

Al-Anon Office Volunteers

It's simple!

Weekdays from 9am – 3pm, we ask Al-Anon members to volunteer at the Al-Anon office.

Do you have a day off? Retired? Free time?

Meet other Al-Anon members and attend the noon meeting at the AIS office.

Contact Kayren A. for more info.

MEETING CHANGES AROUND TOWN

- ❖ *Hispanic Meeting is now at the AIS office Mondays at 7pm*
- ❖ *Courage to Change on Jones Creek New time Tuesday at 730pm*
- ❖ *Goodwood AFG meeting at Broadmoor Baptist is now a Book Study Meeting. "As We Understood" beginning January 5*
- ❖ *Friday noon Step Meeting at AIS office will begin Step/Tradition rotation in January.*

Coming Events

- ✓ **Jan 10 AIS Quarterly Meeting**
GR or Asst. GR attend
615pm @ AIS Office
- ✓ **Feb 14 AIS Meeting**
615pm @ AIS Office
- ✓ **March 24, 25 LA Area Assembly**
Holiday Inn South Baton Rouge
GR or Asst. GR attend
- ✓ **March 13 AIS Meeting**
615pm @ AIS Office
- ✓ **April 10 AIS Quarterly Meeting**
GR or Asst. GR attend
615pm @ AIS Office
- ✓ **April 14 Heritage Day Banquet**
Oak Lodge Conference Center

HERITAGE DAY 2012

An Annual Celebration of our Al-Anon Legacies

SATURDAY APRIL 14, 2012

Oak Lodge Conference Center "Orleans Room"

2834 S Sherwood Forest Blvd. Baton Rouge

11am Registration

1145am Luncheon (prereserve)

1230pm Heritage Day Presentation
followed by Guest Speaker Terrell B.

Check the BatonRougeAlanon.org website for upcoming details and registration information

THE CATERPILLAR IS ONLINE AT WWW.BATONROUGEALANON.ORG
OR SIGN UP FOR QUARTERLY EMAIL BY SENDING A MESSAGE "SUBSCRIBE" TO
CATERPILLAR.ONLINE@YAHOO.COM